

Diet and Taurine Table

Managed by Trish Miller for the following Facebook Discussion Groups:
Taurine Deficiency in Golden Retrievers
Taurine-Deficient Dilated Cardiomyopathy

The purpose of the "Diet and Taurine Table" is to allow dog owners the opportunity to share information about taurine levels, taurine-deficient Dilated Cardiomyopathy (DCM) and the food their dogs were fed prior to testing. It is not intended to show how dogs with low taurine, DCM or Congestive Heart Failure (CHF) were medically treated. It does not ask submitters about dosages of prescribed supplements or heart medications.

TO BE CLEAR, *a food listed in the Table does not mean there is proof the food caused, or did not cause, low taurine levels, DCM or CHF.* The science is not to that point yet. The fact is, the dog was fed a food when it was tested, and that food could be a contributing factor. The Table does not suggest or indicate that changing the dog's food alone will cure or prevent low-taurine health issues. Dogs suspected to have taurine-related health issues should be treated by a licensed veterinarian.

All dogs submitted to the Table must have been taurine tested by a licensed laboratory. Taurine test results in either the LOW or NORMAL range are accepted. The ranges have been established by Dr. Joshua Stern, DVM, PhD, Diplomate ACVIM (Cardiology) at the School of Veterinary Medicine at the University of California at Davis (see next page). Low results are shaded in yellow on the Table.

A valid email address is required for each submission, but email addresses are protected and not visible in the Table. Email addresses are only required for correspondence with the owner and will never be shared.

For security, the Table and Submission Form are maintained outside of Facebook in a dedicated account. A "View Only" link to the Table is provided. Only Admins can edit the Table directly. Submitters will receive a copy of their responses by email (as of 8/6/18). (*see "How to Submit Data to the Table" on the next page*) Responses and updates to responses are automatically recorded on the spreadsheet. New submissions are manually formatted by an admin after they are submitted. Until they are, they will appear below the sorted entries.

The main view of the Table is sorted by Brand of Food. To access other pre-defined views, please visit the VIEWS TAB of the spreadsheet and follow the instructions.

Owners are responsible for the accuracy of the data they enter. The Admins reserve the right to delete any entries deemed inappropriate or incomplete. If obvious errors are detected, an email will be sent to the submitter for clarification. Please send all questions and requests to: taurineconcerns@gmail.com. The mailbox is checked daily.

TABLE DATA MAY NOT BE REPUBLISHED

TO VIEW THE TABLE

Click the following link or paste it into your browser:

https://docs.google.com/spreadsheets/d/1TNru_WWKf0TbZ8aYBgOJsh4cziKZwdA6GEbXTUFJ_M/edit?usp=sharing

HOW TO SUBMIT DATA TO THE TABLE

To submit your dog's data, please use this online questionnaire submission form:

<https://goo.gl/forms/FIVWKdqKTGwNsUl13>

When you complete your submission, you will receive an email summary of your responses. On that email there will be a button (link) titled "EDIT RESPONSE" – click this link if you need to make a correction to the data you entered.

NORMAL & LOW BLOOD TAURINE RANGE

<u>Golden Retriever Range:</u>	<u>Other Breed Range:</u>
Whole Blood: Normal = >250; LOW = <250	Whole Blood: Normal = >200; LOW = <200
Plasma: Normal = >60	Plasma: Normal = >60

FDA Investigation

FDA veterinarians investigating dietary taurine in dogs have been provided with the link to view this Table. This Table is anecdotal information, so owners of dogs who tested **LOW** for taurine (according to levels established by Dr. Joshua Stern at UC Davis) are encouraged to officially record their information with the FDA by submitting a consumer report at:

"Safety Report Portal"

<https://www.safetyreporting.hhs.gov>

Thank you!